

SUNDAY, MARCH 21, 2021

Dance & Queer Embodiment

Jeremy Hahn, Cal Poly Pomona

Registration Cap: 75

Workshop Overview:

Performance practice sessions for the LGBTQ+ community.

In an age of great uncertainty, embodied presence is a gateway into personal empowerment. These three 60-minute process based practice sessions for the LGBTQ+ community provide a safe space for movers of all abilities to investigate, unpack, and dance with a fluid relationship to queer identity. Day one is an opening for movers to touch into their personal identity, connect to the LGBTQ+ ancestors, and embody this connection through the exploration of guided mindful improvisational dance. Day two moves into new terrain and invites dancers to explore in pairs with active witness and mover roles. Day three is an affirming conclusion to the series where the community will witness solos performed in the middle of a digital circle. Each class concludes with periods of reflection through writing, drawing, moving, and or discussion.

Workshop Content:

Dancers will move during every session. The first session consists of a 30-45 minute continuous movement section. Dancers are guided through a series of prompts inspired by contemplative practices, visual imagery, and improvisational dance strategies to inspire a stronger embodied presence as a member of a greater lineage of LGBTQ+ movers. The second session references the format of an Authentic Movement session. Dancers work in pairs with one mover and one witness. Movers dance with eyes closed while a witness holds space for the investigation. For the last session, the ensemble will sit in a digital circle making connections across boundaries linking the digital, physical, and physic spaces. Each dancer will enter one at a time into the circle and perform an improvised solo encapsulating their experiences from the past two sessions into the present.

The course presents analysis and information about LGBTQ+ theory providing a conceptual frame work for the explorations.

Reflection and discussion are woven into this series. Dancers are given the opportunity during each class to share their process personally in a journal and or collectively in open discussions and breakout rooms. These are important times to give voice to the movement anchoring the practice more deeply.

Schedule:

TIME —all times are in Eastern Time	SESSION
1:00 – 2:00 pm ET	Session 1: Welcome, guided improvisations, discussion
2:00 – 2:20 pm ET	Break
2:20 – 3:20 pm ET	Session 2: Authentic Movement inspired duet work and discussion
3:20 – 3:50 pm ET	Break
3:50 – 4:50 pm ET	Session 3: Performance solos in a circle and final discussion (open only to those who attended Session 1 and/or Session 2)
	Additional wrap up time

Space/ equipment requirements for participants:

It is recommended if dancers are able please have a quiet and private space. If this is not available, please find a workable location where improvisational movement can be explored. The internet, Zoom, and access to a camera are necessary. Cameras may not be used the entire time however for Session 2 and Session 3 it is recommended to have cameras on for witnessing purposes.

Presenter Bio:

Jeremy Hahn—an accomplished cross-disciplinary artist born in Los Angeles and in residence at The Brewery Artist Lofts. he designs experience, form, and space. contemplative and ritual based practices inspire their artistic methodology and offerings. his personal performance lineage includes collaborations with artists: Stephen Beitler, Jane Brucker, Lucent Dossier Experience, Yuval Sharon and many others. they are currently on faculty in the Department of Theatre and New Dance at California State Polytechnic University, Pomona. Hahn has actively taught movement improvisation and contemplative practices since 2013 in a university context, at festivals, and cultural centers, including at ACDA in 2013, 2015, and 2018. He received a B.A. in studio art from Loyola Marymount University, M.F.A. in dance from California State University, Long Beach, is a Yoga Alliance E-RYT® 200, RYT® 500 registered yoga instructor with training from Meditate Study Practice (MSP)™.

Musician Bio:

Stephen Beitlerr—They embody a life of artistry. At barely one year old they walked up on stage during a show and waved at everyone in the audience, ne'er to come down. Their grandmother put a paintbrush in their hand when they were four, won state fairs and conventions soon after, found their voice singing in Church, and learned to move on the international stages of Theatre, Circus, and the Avant Garde. They are a proud fluid gendered individual identifying between the G, the T, and the Q in the LGBTQ community. As a self-taught artist, fascinated with time, introversion, and gender; they continue to explore durational installation work, music, spoken word, performance art, circus, visual art, healing arts, presence, embodied awareness, and many other disciplines of artistry. They do not create art, their entire life is their masterpiece; unfolding. It won't be known in its entirety until the day they take their last breath... and, perhaps a story or two will live beyond even that.
