

SATURDAY, MARCH 13, 2021

Dance & Motherhood

Ali Duffy, Texas Tech University; **Madeline Harvey** Colorado State University;
Kelly Ozust, Winthrop University

Registration Cap: 290

Workshop Overview:

This workshop explores intersections of dance and motherhood. We will examine performing during pregnancy, integrating motherhood into clinical and creative research, and paradigm shifts for sustainable life-work integration. We will unpack the joys and challenges of motherhood and dance, and how teaching, creating, and parenting inform and enrich each other. Participants will experience dance activities from current study, Movement Through Motherhood, testing the efficacy of dance interventions for improving emotional expressiveness and emotional availability during pregnancy.

Workshop Content:

- Participants will experience dance activities from current study, Movement Through Motherhood, testing the efficacy of dance interventions for improving emotional expressiveness and emotional availability during pregnancy. Participants will generate original choreography in response to short writing prompts about their relationship with their child/children.
- We will analyze the ways in which dance training shapes our parenting, and how parenting informs our teaching.
- Discussions will cover cultural/racial perceptions and expectations of mothers in a variety of professional dance settings. We will identify common challenges faced by those identifying as mothers and dancers.
- We will view and respond to dance works performed during pregnancy and discuss the experience of dancing while pregnant/post-partum.
- Breakout rooms will be used to develop strategies and approaches for creating inclusive dance environments that help foster growth and collaboration between all of our identities (mother, performer, choreographer, teacher, etc.)
- Poster presentation and Q&A for Movement Through Motherhood research. Introduction of Dr. Zeynep Biringen's emotional availability assessment model as a possible teaching framework for dance instructors.

Schedule:

TIME —all times are in Eastern Time	SESSION
12:00-12:25 pm ET	Session 1: Analysis of the ways in which dance training shapes our parenting, and how parenting shows up in our teaching
12:25-12:55 pm ET	Session 2: Identification and discussion of cited benefits and common challenges faced by those identifying as mothers who work across the dance field. (Ali Duffy)
12:55-1:15 pm ET	Discussion – Questions for Ali/ Open Discussion/ Breakout Rooms, if necessary
1:15 -1:30 pm ET	Break (attendees may rejoin)
1:30-2:00 pm ET	Session 3: Viewing and responding to dance works performed during pregnancy (Kelly Ozust)
2:00-2:30 pm ET	Questions for Kelly/Open Discussion
2:30-2:45 pm ET	Break (attendees may rejoin)
2:45-3:30 pm ET	Session 4: Movement/Creating: Poster presentation for Movement Through Motherhood research, Movement Activity Demos, Participants will generate original choreography in response to short writing prompts about their relationship with their child/children. (CSU students with Madeline Harvey)
3:30-4:00pm ET	Final thoughts/sharing/strategizing from attendees

Space/ equipment requirements for participants:

Device to access zoom with audio/video capabilities. Small area for gentle guided and improvisational movement.

Presenter Bios:

Ali Duffy is a President's Excellence in Teaching Professor, Associate Professor of Dance and Honors, and Graduate Dance Advisor at Texas Tech University. She is the founder and Artistic Director of Flatlands Dance Theatre (<http://www.flatlandsdance.org>) www.flatlandsdance.org). Her written scholarship has been published in *Research in Dance Education*, the *Journal of Dance Education*, *Dance Education in Practice*, *American Journal of Arts Management*, and the *Journal of Emerging Dance Scholarship*. Her book, *Careers in Dance: Practical and Strategic Guidance from the Field*, was recently published. Her forthcoming book, *Dancing Motherhood: Contexts and Perspectives of 21st Century Women in Dance*, is under contract with Routledge. Dr. Duffy has been invited for national educational and artistic presentations and residencies including at University of South Florida, Lindenwood University, Virginia Tech, Central Michigan University, Colorado Mesa University, University of Detroit, UNC Charlotte, Austin Dance Festival, and Danca Nova Dance Company, among others. She sits on the Cultivating Leadership Committee of the National Dance Education Organization and has sat on the board of the Dance Critics Association. Prior to her work in academia, she performed internationally with Holland America Cruise Line (RWS Entertainment) and with independent contemporary choreographers. She holds a PhD from Texas Woman's University, an MFA from UNC Greensboro, and a BA from UNC Charlotte.

Madeline Jazz Harvey is a dance educator, choreographer, and performer specializing in classical and contemporary ballet. She began her performance career at age fourteen as an apprentice with Charlotte Ballet. In 2010, Madeline joined Carolina Ballet Theatre where she served as a principal dancer, resident choreographer, and outreach coordinator. Madeline holds a BA and Professional Training Certificate in Dance from the University of North Carolina at Charlotte, and an MFA in Choreography from Jacksonville University. She was Instructor of Ballet at the University of South Carolina from 2015-17 and is currently Assistant Professor of Dance at Colorado State University. Human vulnerability, connection, and collaboration drive her artistic exploration and research.

Kelly Ozust is an Assistant Professor of Dance at Winthrop University where she teaches modern, jazz, tap, and musical theatre techniques. She also teaches musical theatre history and multiple courses in Winthrop's Dance Education curriculum. She earned her MFA in choreography from the University of North Carolina at Greensboro. She creates work for concert dance, musical theatre, opera, and film.
